

## Good Practice Guide- Sailing with children and young people under 18

There may be occasions when as a member of KSSC you are sailing with children or young people on board who are not related to you or under your guardianship. This document outlines the essential points of good practice in such a situation. These guidelines will protect the child or young person in accordance with our safeguarding policy, and also yourself.

- The child should always be under the supervision of their nominated adult identified at the time of booking who will be a parent/guardian/club member with parental consent, when using changing or shower facilities ashore or on board.
- Avoid spending time alone with a child above or below decks or whilst on shore.
- If a child is having difficulty fitting their life jacket then ask their parent/guardian/nominated adult to assist. If you do have to check or assist then ensure that another adult is present.
- Do not communicate directly with the child before, during or after sailing via social media or exchange telephone numbers. Communications should always be via parent/guardian or nominated adult

### **Always**

- Make sure that the child/young person understands the safety instructions, the authority of the skipper, and that their nominated adult will be supervising their participation in boat procedures at all times.
- Adjust your expectations to the experience and skill level of the child
- Be mindful of the appropriateness of your language and behaviour around children and young people
- Avoid touching, teasing and insensitivity to the child's age and experience
- Respond to concerns raised by the child/young person whether through physical or mental discomfort.
- Inform the clubs Welfare Office if you have any concerns.  
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